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**BaHumata Presentation English Translation**

**August 6, 2023**

**Theme: Life Is Meant To Be Respected Not Neglected**

**Yasna 28.1 & Ahmai Raescha**

“By the pleasure of Ahura Mazda”

**Life is to be respected, not neglected: - Reference Yasna 28.1**

At the beginning of Yasna 28, Zarathustra express his infatuation with Ahura Mazda and his divine creations (Amshaspandan and its characteristics) and he speaks for himself and his friends from the heart's desire to reach a Vohomana (good thought with wisdom) and Asha (the truth with righteousness).

Zarathustra believes that the best way to achieve joy and happiness is material comfort and spiritual peace which is obtained through good thinking and following Asha.

At the end of the paragraph, he thanked Goshtasp, Frashoshtar and his helper and he demands the reward of both worlds for himself and them.

Perhaps the foundation of this action can be considered to be based on the premise of good thought, truth and good reward.

### **1) How we can build human dignity in humanity?**

By Understanding that Life Of Every Kind Is Created In Our Mind

Like everyone's life. Ahunavaiti Gatha (Yasna 28-1)

Of him I pray with humble grateful heart, and hands uplifted, for the perfect bliss, of Mazda's Holy spirit first I pray; that through acts of Asha (Righteousness) and true knowledge may I gain and Vohu Mano's loving wisdom too, and thus bring solace to the soul of Earth.

As it can be seen from this clause and the entire Gahan, from Zarathushtra's point of view, that life has a special place.

At first Zarathushtra asked for himself and his helpers for a life of peace and comfort from Ahura Mazda in order to achieve this belief with good qualities of wisdom, generosity and forgiveness and...

Then He asked for help from Ahura Mazda, because he truly believed this can only be done by harmonizing with Asha (the law that governs the universe) for good thinking to be possible.

In simple terms, according to Zarathushtra's vision, human dignity is formed when a person can think properly with harmony.

Consider this philosophy it as origin and follow the laws governing the universe (not necessarily the laws governing society).

It is natural that with this points of human life are dynamic and respectable.

## **2) So How is life of any kind is created in the mind?**

Ahunavaiti Gatha ( Yasna 30-2) says: Hear with your ears the highest truths I preach, and with an illumined mind, weigh them with care before you choose which of two paths to tread, deciding man by man, each one for each, before the great new age is ushered in wake up, rise up to spread Ahura's word.

The creation of different types of life is the result of different beliefs and convictions.

Zarathushtra never dominates his thoughts and vision over others and his followers. Rather, it says that you should hear the best with your ears, then reflect on it with clear a mind, then every man and woman should choose a beneficial path for themselves. And the point is that this should be done.

After that, Zarathushtra says that if a person follows the anger, hatred, lies or a false teacher, he or she will certainly choose the wrong path, and if he or she follows the truth of a good thought and a true teacher, he or she will choose the best path.

### **3) How can we build a tradition of spreading love of light with devotion?**

The entire insight and philosophy of Zarathushtra's teachings are based on love and affection, and all religious and cultural traditions are based on this foundation.

In this premise lies the rituals of giving with a charitable mind, while thinking together and understanding the problems of society and religious people, through material offerings, spiritual endowment and all other good things that emerge out of our love for Ahura Mazda and the human race, and helps us to create a tradition of devotion.

**With the love and light of Ahura Mazda, we have been following this philosophy of Zarathushtra and should continue to maintain this rich culture and tradition of Zoroastrianism for the betterment of our community, society and humanity.**

In my opinion we should implement two options at the same time.

First, provide proper information, education for teenagers, Young people and families because from my personal experience, I can say that many teenagers, youths and even Zoroastrian families have the same attitude towards ceremonies.

They look at the old religion and nothing more.

Second, provide a happy environment with encouragement by using attractive tools for all strata of society.

**Only Then They Will Truly Understand That:**

**Life Is Meant To Be Respected Not Neglected**

Thank You Very Much For Listening

May Ahura Mazda Be With You And Your Family